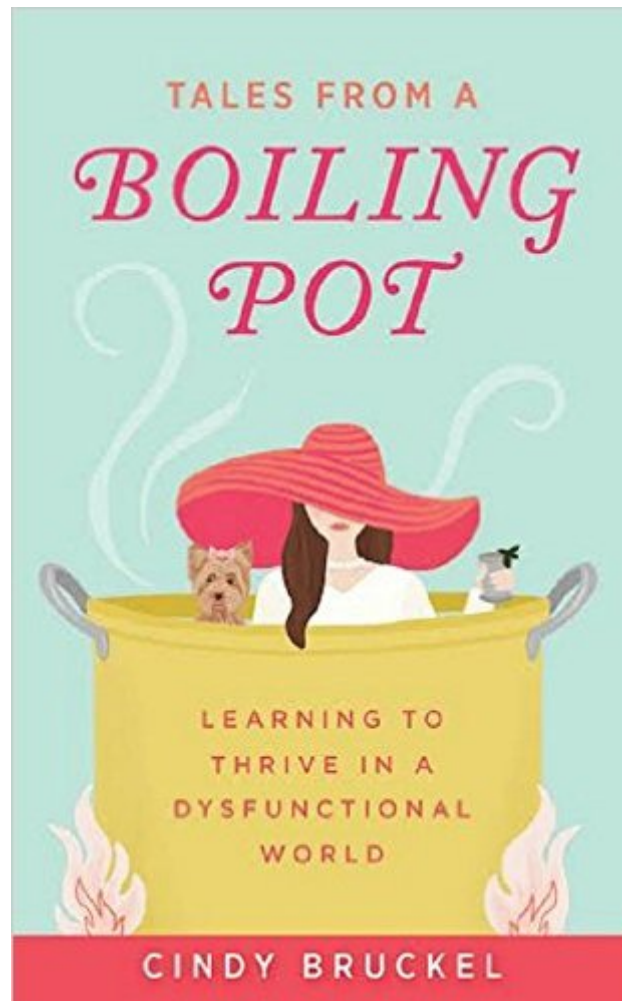


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Tales From A Boiling Pot: Learning To Thrive In A Dysfunctional World



Synopsis

Cindy Bruckel invites us to join her as she reclaims her life as a child of the South through a series of intimate short stories in her book, *TALES FROM A BOILING POT: Learning to Thrive in a Dysfunctional World*. In a beautifully poignant memoir, she chronicles her life's journey from being raised in a state of dysfunction, and how she learned to maneuver the dangerous waters with the skill of a sailor bringing her boat into safe harbor during a storm. Rather than choosing to become a victim of the dysfunction and a casualty of life, she channeled her internal strength, life lessons and the love of her family and husband Bill as a light to guide her home. Cindy applies humor as a backdrop when she introduces us to the loving family that raised her and the friends she has come to know as family. By reopening old wounds and sharing memories delivered with raw honesty, she shows us a life cut out from the pages of *Southern Living* where lessons were served with a spoon of sugar and love came in all sizes, shapes and colors. Retracing the events of her life was the essence of going home. Inspirational, thought-provoking and rich with Southern tradition, Cindy's book serves as a reminder of the power of compassion and love; and for all things, there is a time to heal. "Our lives can change just in the telling, and our memories can become our salvation rather than our regret."

Book Information

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Customer Reviews

Insightful. Instructive. As I sit to write this - having just finished the book these two words come to mind. Right next to them I must include... sad. The Boiling pot is not a happy, feel good story. Even so I read it in one sitting. I credit this to the power of the story and the authors story telling ability. I

say the book is insightful because it lends the reader insight into a life experience very different than my own. I find it difficult to consider that people live - that children are forced to grow up under such difficult circumstances. I found instruction for my own interactions with new acquaintances while reading *The Boiling Point*. I'd like to think that I will not assume - that I will be more careful in conversation with people whose background I know little or nothing about. *The Boiling Pot* is, from beginning to end a sad story. And still the authors emotional and professional success - her successful marriage and recovery after it's untimely ending - the series of successes recounted make this a story of triumph. This book is easily the saddest book I have ever been encourage by - gained insight from and taken away instruction such that I felt uplifted as I read the final sentences of the last page. Thank you Cindy Bruckel. A last note: I wanted to give this book four instead of five stars because of the editing - the lack thereof. The missing star would have been "for" the editors who did not serve Ms. Bruckel as well as she and her book deserved. However - the author and her story deserve all five stars. As a writer, I notice things others may not. Even if you see the occasional editorial failure - having yourself, read *The Boiling Pot*, I think you will agree that it was well worth your time. A difficult story... sad, but insightful and instructive. And finally - very entertaining. As I mentioned, I read it in one sitting. I believe this is what others refer to as a page turner!

Cindy shares her truth and her life story - which was painful at times - with humor and grace. It is a story of perseverance, strength and resilience. The love story she shares about her husband, Bill, reveals the healing power of unconditional love. Even in the face of our imperfections and flaws, we are worthy of relationships where we can be embraced for who we really are. True love never dies, they say. I believe it with all of my heart. If you are reading this, reach out to those you love and hold dear. Love them fully and completely and tell them so. Better yet, show them it is so.

This was a thought provoking story that was a fascinating read in large part because it was so different from my own childhood and life. Learning about Cindy's background and understanding where she came from left me wanting to know even more. I read it in one sitting and when finished, felt inspired to call my loved ones to tell them how much I appreciated them.

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